



## Seasons of Hope

Bereavement Support Group

### St. Joseph Parish

At St. Joseph Parish, Seasons of Hope is a unique, Christ-Centered Catholic support group for the bereaved.

While invitations will be mailed to the bereaved who have lost a spouse, family member or a close friend in 2023-2024 and were buried from our parish, we welcome any parishioner who might benefit from this program to register!

The program is divided into four, six-week sessions, called Seasons, which are held throughout the year.

Participants may join at the beginning of any Season by registering.

SPRING-Season 1	SUMMER-Season 2	FALL-Season 3	WINTER – Season 4
April 1	June 17	September 9	November 11
April 8	June 24	September 16	November 18
April 15	July 1	September 23	November 25
April 22	July 8	September 30	December 2
April 29	July 15	October 7	December 9
May 6	July 22	October 14	December 16

All Sessions are held on Monday evenings,  
6:30 pm – 8:30 pm in the downstairs Guild Hall.

A \$5 fee for a Participant Journal will be received at each season's first session.